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GRAND HOTEL  
SAN PIETRO  
TAORMINA

**TREATMENTS**  
**SPA PLUMIERE**



# SPA TREATMENTS

## Sensory experience

Shower with chromotherapy/Hammam ritual/  
Finnish sauna / Jacuzzi / Kit SPA/ Relaxation area  
and herbal teas

per person € 70,00

(120 min)

€ 45,00

(60 min)

## Massage for couples

Massage for couples derives from Chinese medicine  
and draws on the concept of harmony between  
opposites. Male and female are seen as the two  
faces of the same coin. This is important to  
strengthen the physical and mental unity and  
harmony of the couple, with harmonious and  
relaxing massages

per couples € 200,00

per person € 100,00

(50 min)

## Relaxing massage

A time of total relaxation, massage performed by  
skilled hands to soothe muscle or joint pain and  
improve mental well-being by easing tension and  
fatigue

30 min € 60,00

50 min € 80,00

## Drainage massage

Massage that acts on lymphatic circulation by  
increasing its speed and thus reducing the  
stagnation of excess fluids. This massage  
characterized by slow and gentle movements is to  
be considered an excellent relaxing technique with  
anti-cellulite effect

€ 90,00

(60 min)

## Back massage

Personalized massage that helps relieve tension on  
back muscles, bringing a sense of well-being and  
lightness, regaining natural muscle tension

€ 50,00

(30 min)

## Stretching Massage

A very incisive method which puts the joints into  
slight traction to improve flexibility; muscles and  
tendons are strengthened while becoming more  
flexible, relieving stress and daily fatigue

€ 90,00

(50 min)

## Hot Stone Massage

Warm lava stones are placed on the energy areas of  
the body, this alleviates muscle tension, stimulates  
blood circulation and helps to re-balance the whole  
organism

€ 120,00

(60 min)

## Maternity Massage

A specific massage that can be done after the 1st  
trimester, it offers many physical and mental  
benefits: reduction of hormonal stress, relief of  
muscle strain, reduction of swelling in the limbs  
acting directly on the lymph system and  
preventing stretch marks

€ 90,00

(50 min)



### **Sicilian Citrus Massage**

Customized massage. Made through the use of essential oils, lemon, orange and tangerine extracts with antioxidant, draining, purifying and circulatory properties. Their fragrances ensure a relaxing and calming effect

€ 90,00  
(50 min)

### **Mazzara del Vallo olive oil massage**

Relaxing massage made with olive oil from our land, thanks to the presence of fatty acids, vitamins and minerals it is suitable for promoting deep hydration of our skin

€ 90,00  
(50 min)

## **FACE TREATMENTS**

### **Trattamento viso agli agrumi**

Revitalizing facial and décolleté treatment. Indulge in this Sicilian-scented treatment. Made with a mask based on citrus honey, orange pulp and lemon essence. The effectiveness of these regenerating products will give both physical and mental well-being

€ 90,00  
(50 min)

### **St. Barth Pureness**

Facial and décolletage treatments and hand massage. Natural fragrances and Caribbean elixirs will offer profound relaxation. Your face will appear pure and fresh, thanks to the totally natural formulation of vitamin and mineral-rich products, that will stimulate your skin's cell function

€ 90,00  
(50 min)

## **BODY TREATMENTS**

### **St. Barth Harmony**

Relaxing body massage performed with products mixed exclusively to meet your specific needs; it is done in order to stimulate the lymphatic system and improve tissue elasticity.

€ 120,00  
(50 min)

### **St. Barth Elasticity**

Clay body mask with pineapple and cucumber mousse. Intensive treatment to tone and strengthen the tissues.

€ 120,00  
(50 min)

### **St. Barth Sensation**

Lavish mask that will feed the skin tissues and make the skin visibly more luminous and smooth. The regenerating effects of this treatment are enhanced by a relaxing massage with anti-aging effect.

€ 120,00  
(50 min)



### **Impacco Corpo St. Barth Slimness**

Leg wrap and massage with a relaxing and decongesting effect. It has a strong draining effect by stimulating the blood and lymphatic circulatory systems

**€ 120,00**  
**(50 min)**

### **Body peeling St. Barth Softness**

Peeling with massage with Coconut oil, fresh Papaya and a special Caribbean Sea sand enriched with minerals to remove dead skin cells. For those who desire smooth, velvety skin.

**€ 120,00**  
**(50 min)**

## **BEAUTY SPA**

### **St. Barth pumpering hand beauty**

This gentle hand treatment begins with an exotically fragrant hand bath. Exfoliation with fresh papaya mousse and fine sand then helps to remove superficial dry skin. A hand massage ensures a moment of profound relaxation. Cuticles and fingernails are then pampered and treated.

**€ 40,00**  
**(60 min)**

### **St. Barth pumpering feet beauty**

Foot care for enjoyment and well-being – starting with an exotically fragrant footbath. Exfoliation with fresh papaya mousse and fine sand helps to remove superficial dry skin. A foot massage with gentle pressure provides relaxation and stimulation. Finally, cuticles and nails are pampered and treated.

**€ 40,00**  
**(60 min)**

### **Semipermanent nail polish hands**

### **Semipermanent nail polish feet**

**€ 40,00**  
**€ 40,00**

## **TRADITIONAL EPILATION**

### **Eyebrows**

**€ 10,00**

### **Moustache**

**€ 5,00**

### **Armpits**

**€ 15,00**

### **Arms**

**€ 20,00**

### **Whole epilation**

**€ 55,00**

### **Legs**

**€ 40,00**

### **Half leg**

**€ 25,00**

### **Groin**

**€ 20,00**

### **Men's legs**

**€ 50,00**

### **Back /chest**

**€ 40,00**

